### Course Descriptions

**SSC 1001. First Year Experience (FYE). 1 Hour.**

Strongly recommended for entering freshmen and transfer students with 0-24 credits. The course is designed to help students adapt to college life and become integrated into Dixie State University. Students will refine academic skills, create and foster social networks, learn about college resources, and explore different fields of study, degree options, and career opportunities. Open major sections will include information about choosing a major or area of study. Multiple listed with all other sections of First Year Experience (all 1001 courses, ENGR 1000). Students may only take one FYE course for credit. FA, SP.

**SSC 1005. International Student Academic Success. 1 Hour.**

For international students. This course provides international students with the knowledge, attitudes, skills, and awareness needed to adapt to college life at Dixie State University. Topics include: US immigration compliance, cross-cultural adjustment, campus services, academic advising, safety and emergency issues, academic success, and academic integrity. Prerequisite: Instructor permission. FA, SP.

**SSC 1010. Trailblazer Connections. 2 Hours.**

Strongly recommended for all freshman students. This academic course is specifically designed to ease students' transition to Dixie State University and to prepare them for college success. In this course, students will learn the value of a college education including the purpose and value of general education. This unique course focuses on helping students go about their DSU education as an intentional student—using resources, taking advantage of opportunities to develop holistically, and selecting courses that will enlighten the mind and enhance employability. This course allows students to develop a support network of classmates, faculty, and staff to help ensure a successful beginning to their academic experience. FA, SP.

**SSC 1020. Study Skills & College Success. 2 Hours.**

For structured enrollment students. This course is specifically designed to contribute to a student's academic success and ability to properly use campus resources. This course enhances the first year experience by supplementing the Trailblazer Connections course by further developing student success skills. The course includes such topics as growth mindset, self-regulated learning, problem solving, critical thinking, multiculturalism, career exploration, time management and financial literacy. Each student will be assigned an academic peer mentor and success coach with whom they will be required to meet throughout the semester. The active learning lab is embedded in this course. Prerequisites: Freshman status; participant in structured enrollment; instructor permission. FA, SP.

**SSC 1025R. Active Learning Lab. 1 Hour.**

For structured enrollment students. Specifically designed to contribute to a student's academic success. Students will participate in the active learning lab where they will develop and apply study skill strategies in context to their current course load. This lab is designed to help students develop meta-cognition, reflection and self-regulated learning skills. Prerequisites: SSC 1010 or SSC 1020, and instructor permission. FA, SP.

**SSC 1050R. Academic Success Forum. 1 Hour.**

Open to all students who wish to improve their academic performance. A series of lectures is offered to help students adapt to the academic environment by improving study and life skills. Different speakers from the university and the community will address topics of interest to adult students. Students will submit a written evaluation for each class period. Repeatable up to 2 credits subject to graduation restrictions. FA, SP.

**SSC 1200. Career Workshop. 1 Hour.**

For undeclared students with 30+ credits. Students will participate in an in-depth exploration of careers, majors, and the steps to obtaining careers that interest them. Students will spend time learning about themselves and career options that correlate with their values, skills, strengths, interests, and how that knowledge may impact their choice of careers. They will take two assessments, Strength Finders and the Strong Interest Inventory for self-discovery. Students will engage with individuals currently in the industries that interest them. FA, SP.

**SSC 1300R. Student Ambassador Leadership. 1 Hour.**

For students who are appointed as Student Ambassadors working with the New Student Programs Office. Surveys leadership techniques, procedures and communication skills essential to student leadership with special emphasis on representing Dixie State University to prospective students. Minimum 45 hours of student involvement, attendance, and activity is required. Repeatable up to 8 credits subject to graduation restrictions. Prerequisite: Instructor permission. FA, SP.

**SSC 1350R. Student Gvmt Leadership. 1 Hour.**

For members of the Dixie State University Student Association executive council, class officers, and club presidents. Surveys leadership techniques, procedures, and communication skills essential to student leadership with special emphasis on the student government of Dixie State University. Minimum 45 hours of student involvement, attendance, and activity is required. Repeatable up to 4 credits subject to graduation restrictions. Prerequisite: Instructor permission required. SU.
SSC 1400R. Student Alumni Leadership. 1 Hour.
For members of the Student Alumni Association executive council. Surveys leadership techniques, procedures, and communication skills essential to alumni, student, and community leadership with special emphasis on the alumni of Dixie State University. Minimum 45 hours of student involvement, attendance, and activity is required. Repeatable up to 2 credits subject to graduation restrictions. Prerequisite: Instructor permission required. FA, SP.

SSC 1900R. Pre-professional Internship. 1-2 Hours.
Elective course for freshmen and sophomore students. The course provides students the opportunity to enhance their college education by preparing them for an increasingly competitive job market. This course brings the workplace in to the classroom and transforms the workplace into a place of learning. The course is designed to integrate students into professional environments to develop competencies and initiate networking. Target industries and occupations include all Career and Technical Education program areas offered at DSU. These programs include Health Sciences, Business, Communications, Science, Technology, Education, and Forensics. Prerequisites: Instructor permission. FA, SP.

SSC 2001. SSS Smart Start Seminar. 2 Hours.
Introduces and integrates new TRIO-Student Support Services students to the DSU community, both academically and socially, by developing awareness of campus resources and assisting in exploring and establishing personal, academic, and career goals. This course includes strategies for academic success, such as critical thinking skills, time management, financial aid resources, financial literacy, service learning, and effective collaboration techniques. Focus is on development of an academic plan, personal financial awareness and responsibilities, baccalaureate attainment, and community citizenship. Prerequisite: Instructor permission. FA, SP.

SSC 2002. Becoming a Lifelong Learner. 2 Hours.
This course is designed for continuing TRIO SSS students to further ease their transition to college by providing them with the skills and information necessary to be successful students and productive citizens. Their college experience will be enriched as they better understand the process and principles of becoming a lifelong learner. Students will create their own philosophy of learning and outline the specific ways they will strive to become a learner. Students will also recognize important outcomes of becoming a learner that are vital to their success such as creativity, the ability to think critically, developing excellent communication skills and acquiring an exceptional character. They will better understand the major/career decision making process, including self-assessment, evaluation of majors and careers, and by the implementation of a personal action plan in order to achieve their academic goals. Prerequisite: Instructor permission. SP.

SSC 2003. Gear Up for Greatness. 2 Hours.
This course is designed for continuing TRIO SSS students to transition from general education to majors and careers by providing them with the skills and information necessary to be successful students and capable, contributing citizens. The course facilitates better understanding of the major/career decision making process and the development of essential career success qualities: accountability, adaptability, critical thinking, creative thinking, communication concepts, diversity, relationship building, confidence, mindset and leadership. Students are asked to examine their thoughts, beliefs and attitudes, to focus on self-development, and to create a personal and career portfolio. Prerequisite: Instructor permission. FA.

SSC 2400R. Hope Squad 1. 1 Hour.
Required for students who have been invited to participate as HOPE Squad members. HOPE Squad is a peer-to-peer program where students who have been identified by their classmates as trustworthy peers are trained to recognize students who are at-risk for suicide. In this course, using nationally recognized, evidenced-based training modules, Squad members will learn how to watch for students at-risk for suicide, identify warning signs, provide friendship, and seek help from professionals. Through this learning, the HOPE Squad members are empowered to seek help and save lives. Prerequisite: Instructor permission required. SP.

SSC 2500R. Emerging Leaders. 1 Hour.
Seminar course for students involved in Dixie State University Student Association and others. Exploration of leadership principles in university environment and other community settings, through presentations, analysis, personal reflection, group discussion, group work, and more. Students will be asked to consider ideas, creative expressions, arguments, points of view, experiences, and beliefs other than their own as well as expected to provide service through involvement in a significant out-of-class activity during the semester. Repeatable up to 2 credits subject to graduation restrictions. Corequisite: SSC 2505R. FA.

SSC 2505R. Emerging Leaders Lab. 1 Hour.
Lab portion of SSC 2500R. Prerequisites: Instructor permission. Corequisites: SSC 2500R. FA.

SSC 2600R. Student Leadership Development. 1 Hour.
Seminar course for students involved in Dixie State University Student Association and others. Exploration of leadership principles in university environment and other community settings, through presentations, analysis, personal reflection, group discussion, group work, and more. Students will be asked to consider ideas, creative expressions, arguments, points of view, experiences, and beliefs other than their own. Students will develop and implement a major leadership project and demonstrate their understanding of issues of leadership. Repeatable up to 2 credits subject to graduation restrictions. Corequisites: SSC 2605R. SP.

SSC 2605R. Student Leadership Development Lab. 1 Hour.
Lab portion of SSC 2600R. Prerequisite: Instructor permission. Corequisite: SSC 2600R. SP.

SSC 2790. Foundations of Effective Tutoring and Mentoring. 1 Hour.
For students who want to be employed as tutors. This course fulfills the training requirement to work in the Dixie State University Academic Performance Center. It also fulfills the requirements for CRLA (College Reading and Learning Association) national tutor certification. The course gives a practical background for academic assistance and teaches student tutors how to empower other students with the skills and the confidence needed to succeed academically. FA, SP.
SSC 2990. Seminar in Student Services. 0.5-3 Hours.
For students wishing instruction that is not available through other regularly scheduled courses in this discipline. Occasionally, either students request some type of non-traditional instruction, or an unanticipated opportunity for instruction presents itself. This seminar course provides a variable credit context for these purposes. As requirements, this seminar course must first be pre-approved by the department chair; second, it must provide at least nine contact hours of lab or lecture for each credit offered; and third, it must include some academic project or paper (i.e., credit is not given for attendance alone). This course may include standard lectures, travel and field trips, guest speakers, laboratory exercises, or other nontraditional instruction methods. Note that this course in an elective and does not fulfill general education or program requirements. Fees may be required for some seminar courses and instructor permission will be optional at the request of the instructor.

SSC 2991. Seminar in Student Support Services. 0.5-3 Hours.
For students wishing instruction that is not available through other regularly scheduled courses in this discipline. Occasionally, either students request some type of non-traditional instruction, or an unanticipated opportunity for instruction presents itself. This seminar course provides a variable credit context for these purposes. As requirements, this seminar course must first be pre-approved by the department chair; second, it must provide at least nine contact hours of lab or lecture for each credit offered; and third, it must include some academic project or paper (i.e., credit is not given for attendance alone). This course may include standard lectures, travel and field trips, guest speakers, laboratory exercises, or other nontraditional instruction methods. Note that this course in an elective and does not fulfill general education or program requirements. Fees may be required for some seminar courses and instructor permission will be optional at the request of the instructor.

SSC 2992. Seminar in Stu Support Service. 0.5-3 Hours.
For students wishing instruction that is not available through other regularly scheduled courses in this discipline. Occasionally, either students request some type of non-traditional instruction, or an unanticipated opportunity for instruction presents itself. This seminar course provides a variable credit context for these purposes. As requirements, this seminar course must first be pre-approved by the department chair; second, it must provide at least nine contact hours of lab or lecture for each credit offered; and third, it must include some academic project or paper (i.e., credit is not given for attendance alone). This course may include standard lectures, travel and field trips, guest speakers, laboratory exercises, or other nontraditional instruction methods. Note that this course in an elective and does not fulfill general education or program requirements. Fees may be required for some seminar courses and instructor permission will be optional at the request of the instructor.

SSC 3001R. Peer Mentoring & Leadership. 2 Hours.
Required for peer mentors in FYE courses. Designed to develop leadership skills in mentors, and increase retention and academic success in students enrolled in FYE classes. Focuses on skills and behaviors needed by effective mentors. Mentors will also be required to attend all sessions of an assigned FYE course, contact individual students, and assist the FYE instructor in course activities. Application and interview are required. Prerequisites: Advanced standing and instructor permission. FA, SP.

SSC 4890. Professional Practice Internship. 3 Hours.
Elective course for junior and senior students. The course provides students the opportunity to enhance their college education by preparing them for an increasingly competitive job market. This course brings the workplace in to the classroom and transforms the workplace into a place of learning. The course is designed to integrate students into professional environments to increase competencies and establish networking in the profession. Students will learn to take initiative as they observe working conditions and practices at their place of internship and then apply critical analysis and creative problem solving to identify productive and non-productive professional practices in the workplace. Internship areas connect to all degree programs offered at DSU. Prerequisites: Instructor permission. FA, SP.