Master of Athletic Training, MAT

Program Description

The Professional Masters of Athletic Training degree (MAT) at Dixie State University is designed to prepare students to become athletic training professionals. Professional athletic training education uses a skills-based approach in both the classroom and clinical settings. Using a medical-based education model, athletic training students are educated to provide comprehensive patient care in five domains of clinical practice: prevention; clinical evaluation and diagnosis; immediate and emergency care; treatment and rehabilitation; and organization and professional health and well-being. The educational requirements for CAATE include acquisition of knowledge, skills and clinical abilities along with a broad scope of foundational behaviors of professional practice. Students complete an extensive clinical learning requirement that is embodied in the clinical integration proficiencies (professional, practice-oriented outcomes) as identified in the Athletic Training Education Competencies. The primary focus for the MAT program is to prepare students to sit for the Board of Certification Examination (BOC). Passage of the BOC examination is a requirement for licensure in most states. Eligibility for the BOC exam is contingent upon completion of a program accredited by CAATE that must instruct the Competencies within the curriculum.

Dixie State University is currently seeking accreditation for their new Athletic Training program and is not accredited by the Commission on Accreditation of Athletic Training Education (CAATE). The institution will be submitting a self-study to begin the accreditation process on July 1, 2021. Submission of the self-study and completion of a site visit does not guarantee that the program will become accredited. Students that graduate from the program prior to accreditation WILL NOT be eligible to sit for the credentialing examination for athletic trainers and will not be eligible for licensure in most states.

Admission Requirements

Note: Admission requirements may change year to year as governed by CAATE, please check the Master of Athletic Training Website (https://health.dixie.edu/health-human-performance/master-of-athletic-training/) for next catalog year’s admission requirements. (following this link will take you out of the University Catalog).

• B.A. or B.S. from a regionally accredited institution or the equivalent for international students with the following pre-requisites (with grade of C or higher):

<table>
<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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</thead>
<tbody>
<tr>
<td>BIOL 1610 &amp; BIOL 1615</td>
<td>Principles of Biology I (LS) and Principles of Biology I Lab (LAB)</td>
<td>5</td>
</tr>
<tr>
<td>BIOL 2320 &amp; BIOL 2325</td>
<td>Human Anatomy and Human Anatomy Lab</td>
<td>5</td>
</tr>
<tr>
<td>BIOL 2420 &amp; BIOL 2425</td>
<td>Human Physiology and Human Physiology Lab</td>
<td>4</td>
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<tr>
<td>CHEM 1010</td>
<td>Introduction to Chemistry (PS) (Lab recommended but not required)</td>
<td>3</td>
</tr>
<tr>
<td>or CHEM 1210</td>
<td>Principles of Chemistry I (PS)</td>
<td>3</td>
</tr>
<tr>
<td>PHYS 1010</td>
<td>Elementary Physics (PS) (Lab recommended but not required)</td>
<td>3</td>
</tr>
<tr>
<td>or PHYS 2010</td>
<td>College Physics I (PS)</td>
<td>3</td>
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<tr>
<td>MATH 1040</td>
<td>Introduction to Statistics (MA)</td>
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</tr>
<tr>
<td>PSY 1100</td>
<td>Human Development Through Lifespan (SS, GC)</td>
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</tr>
<tr>
<td>or FSHD 1500</td>
<td>Human Development Lifespan (SS, GC)</td>
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1 or equivalent from other institutions

• Undergraduate cumulative GPA of 2.75 or greater
• Personal statement
• Three confidential letters of recommendation

Additional Requirements:

• All international students must demonstrate language proficiency in Standard American English.
• All students must be First Aid and CPR certified prior to beginning the Masters of Athletic Training program**
• Criminal background check**
• GRE scores are recommended but not required

** Can be completed between acceptance and program start

### Professional Licensure/Certification (PLC) Requirements

The curriculum for programs at Dixie State University customarily leading to licensure have been designed to meet the educational licensure/certification requirements in Utah as well as to prepare students to apply for licensure exams in the State of Utah. The licensure boards in each state are responsible for establishing the requirements for licensure/certification for their state. Requirement may vary state to state and may change at any time. Students who intend to use their DSU degree to secure licensure in any state other than Utah will need to review the professional licensure disclosures in that state pertaining to their program and consult with the state professional licensing board. For more information, visit the State Authorization and Professional Licensure (https://academics.dixie.edu/state-authorization/) web page and select your program, or speak to the director of your program.

### Program Curriculum

#### 60 credits

<table>
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<tr>
<th>Code</th>
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<th>Hours</th>
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<tbody>
<tr>
<td>MAT 6000R</td>
<td>Integrated Clinical Experience</td>
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<tr>
<td>MAT 6030</td>
<td>Advanced Acute Care in Athletic Training</td>
<td>3</td>
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<td>MAT 6032</td>
<td>Advanced Acute Care Clinical Skills</td>
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<tr>
<td>MAT 6060</td>
<td>Athletic Training Organization and Professional Responsibility</td>
<td>3</td>
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<tr>
<td>MAT 6070</td>
<td>Advanced Therapeutic Interventions I</td>
<td>3</td>
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<tr>
<td>MAT 6072</td>
<td>Advanced Therapeutic Intervention I Clinical Skills</td>
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<tr>
<td>MAT 6080</td>
<td>Advanced Therapeutic Interventions II</td>
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<tr>
<td>MAT 6082</td>
<td>Advanced Therapeutic Interventions II Clinical Skills</td>
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<tr>
<td>MAT 6100</td>
<td>Advanced Clinical Anatomy</td>
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<tr>
<td>MAT 6130</td>
<td>General Medical Assessment and Referral</td>
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<td>MAT 6150</td>
<td>Advanced Athletic Training Clinical Skills</td>
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<td>MAT 6210</td>
<td>Pathoetiology &amp; Orthopaedic Assessment I</td>
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<td>MAT 6215</td>
<td>Pathoetiology and Orthopedic Assessment I Clinical Skills</td>
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<td>MAT 6220</td>
<td>Pathoetiology &amp; Orthopaedic Assessment II</td>
<td>3</td>
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<td>MAT 6225</td>
<td>Pathoetiology and Orthopedic Assessment II Clinical Skills</td>
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<tr>
<td>MAT 6250</td>
<td>Advanced Preventative Health Techniques</td>
<td>3</td>
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<tr>
<td>MAT 6260</td>
<td>Orthopedic Surgical Interventions</td>
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<tr>
<td>MAT 6275</td>
<td>Mental Health Care in AT Practice</td>
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<tr>
<td>HHP 6290</td>
<td>Research Methods in Health and Human Performance</td>
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<tr>
<td>HHP 6295</td>
<td>Quantitative Methods in Human Performance</td>
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<tr>
<td>HHP 6299</td>
<td>Research Non-Thesis Option</td>
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### Graduation Requirements

1. Complete 60 approved credit hours with no grade lower than a B, including a non-thesis research project. (Acceptable non-thesis projects include critically appraised topics, interrelated series of research proposals, conducting an empirical study, or a problem-based analysis of the literature, each of which require an extensive writing component).
2. Complete a clinical experience each semester.
3. Apply for graduation by the dates posted (https://graduation.dixie.edu/) (clicking this link will take you out of the University Catalog).
4. Gain final approval for graduation from the Graduate Council.
5. Complete all other program and university requirements.