

# Exercise Science, BS

## Graduation Plan

### 1st Year

Fall Semester	Hours Spring Semester	Hours
First Year Recommended Elective	2 BIOL 2320 & BIOL 2325	5
ENGL 1010	3 General Education (Social & Behavioral Sciences) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	3
General Education (Mathematics) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	5 ENGL 2010	3
General Education (Fine Arts) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	XSCI 2020, 1025, or 2025	3
General Education (Life Sciences and Lab Science - recommended: BIOL 1010/15 or higher) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	5	
	<b>15</b>	<b>14</b>

### 2nd Year

Fall Semester	Hours Spring Semester	Hours
BIOL 2420 & BIOL 2425	4 FAST 1300	1
XSCI 1543	3 General Education (American Institutions) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	3
XSCI 2060	3 XSCI 2120	3
RSM 2070	3 XSCI 3054	3
XSCI 2200	3 XSCI 3840	3
	General Elective	1
	<b>16</b>	<b>14</b>

### 3rd Year

Fall Semester	Hours Spring Semester	Hours
XSCI 3352	3 XSCI 3370	3
XSCI 3700 & XSCI 3705	4 XSCI 3730	3
XSCI 3500	3 XSCI 4400	3
General Education (Literature/ Humanities) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	3 General Education (Exploration) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	3
General Education (Physical Science) (catalog.utahtech.edu/ programs/generaleducation/ #gerequirementstext)	3 General Elective	3
	<b>16</b>	<b>15</b>

**4th Year**

<b>Fall Semester</b>	<b>Hours Spring Semester</b>	<b>Hours</b>
XSCI 3400	3 XSCI 4100	3
XSCI 4200	3 XSCI 4230	3
XSCI 4300	3 XSCI 4600R	3
General Elective	3 General Elective	3
General Elective	3 General Elective	3
	<b>15</b>	<b>15</b>
<b>Total Hours 120</b>		