

Physical Therapist Assistant, AAS

Program Description

A physical therapist assistant (PTA) is licensed to practice physical therapy under the supervision of a physical therapist (PT). They perform hands-on treatments for people who need to recover from injuries to the bones and joints, brain and nerves, problems with pain, developmental complications, and other movement problems. Their main purpose is to assist people with reaching their maximum level of health and function. They help people to recover their ability to walk, to heal from wounds, and to learn to work and live with the effects of injuries and other health problems. Physical therapists (PTs) are responsible for evaluating and treating people who need physical therapy care. They identify problems that physical therapy can address, create goals, and decide what treatment the person will receive. PTAs usually work in hospitals, rehabilitation centers, outpatient clinics, skilled nursing facilities, schools, home health – actually, anywhere that physical therapists work. They only work with physical therapists – this is exclusive and required by professional ethics, codes of conduct, and by law.

Licensure

Utah Tech Physical Therapist Assistant program graduates are eligible to sit for the National Physical Therapy Exam (NPTE), a required step toward receiving a physical therapist assistant license. The NPTE is administered through the Federation of State Boards of Physical Therapy (FSBPT), whose mission is to protect the public by providing service and leadership that promote safe and competent physical therapy practice.

Professional Licensure/Certification (PLC) Requirements

The curriculum for programs at Utah Tech University leading to professional licensure are designed to prepare students for Utah licensure and certification requirements. Admission into programs for professions requiring licensure and certification does not guarantee that students will obtain a license or certificate. Licensure and certification requirements are set by agencies that are not controlled by or affiliated with the University, and licensure and certification requirements can change at any time.

Licensure boards in each state establish requirements for licensure and certification for their respective state. States vary by which professions are required to be licensed and how licensure functions, and such requirements may change at any time. The terms related to licensure and certification, among others, also vary by state as well.

Students and prospective students are strongly encouraged to contact the state licensure entity in the state where they intend to work to review all licensure and certification requirements imposed by the student's state(s) of choice. The University cannot provide verification of a student's ability to meet licensure or certification requirements unrelated to its educational programming. Some states require individuals to complete additional requirements that are unrelated to educational prerequisites. For more information, visit the State Authorization and Professional Licensure (<https://academics.dixie.edu/state-authorization/>) web page and select the program, or speak to the director of the program.

Utah Tech University shall not be held liable if a student is unable to qualify for licensure or certification in any jurisdiction.

This disclosure is made pursuant to 34 CFR §668.43(a)(5)(v)(C).

Accreditation

The Physical Therapist Assistant Program at Utah Tech State University is accredited by the Commission on Accreditation in Physical Therapy Education (CAPTE), 1111 North Fairfax Street, Alexandria, Virginia 22314; telephone: 703-706-3245; email: accreditation@apta.org; website: <http://www.capteonline.org> (<http://www.capteonline.org/>).

Admission Requirements

To be considered for admission to the PTA program, an applicant must first be accepted as a Utah Tech State University student. Then, the applicant must complete a separate application to the PTA program.

Application information, including deadlines. (<https://health.dixie.edu/physical-therapist-assistant/program-admissions/>) Each cohort is limited to 16 students; therefore, admission is competitive. Incomplete or late applications will not be considered. Students are accepted into a “cohort” – a group of students who start the program at the same time, enroll and complete the same program courses, perform clinical education at the same time, and graduate together as a group. The program cannot be taken part-time; it is a full time commitment. Admission requirements include:

- Be admitted to Utah Tech State University
- Minimum GPA of 2.7 in prerequisite courses (no grade below “C”):

Code	Title	Hours
PTA 1010	Introduction to Physical Therapy	2
BIOL 2320 & BIOL 2325	Human Anatomy and Human Anatomy Lab	5
BIOL 2420 & BIOL 2425	Human Physiology and Human Physiology Lab	4
HLOC 1000	Medical Terminology	2

- Minimum "C" grade in each required General Education course
- Observation or work experience (16 hours minimum)
- Official college transcripts

Upon conditional acceptance:

- Criminal background check
- Health/immunization requirements

Once an applicant is accepted into the program but before enrollment, additional health requirements, including selected immunizations, CPR certification, and drug screening, will be required.

Program Curriculum

82 credits

Code	Title	Hours
General Education Requirements (can be completed before or during the PTA program)		
ENGL 1010 or ENGL 1010D	Introduction to Writing (EN) Introduction to Writing (EN)	3
ENGL 2010	Interm Writing Selected Topics: (EN)	3
MATH 1040 or MATH 1030 or MATH 1050	Introduction to Statistics (MA) (preferred) Quantitative Reasoning (MA) College Algebra / Pre-Calculus (MA)	3-4
FSDH 1500 or PSY 1100	Human Development Lifespan (SS, GC) Human Development Through Lifespan (SS, GC)	3
COMM 2110	Interpersonal Communication (SS, GC)	3

Code	Title	Hours
Program Prerequisites		
BIOL 2320 & BIOL 2325	Human Anatomy and Human Anatomy Lab	5
BIOL 2420 & BIOL 2425	Human Physiology and Human Physiology Lab	4
HLOC 1000	Medical Terminology	2
PTA 1010	Introduction to Physical Therapy	2

NOTE: Students who have completed BIOL 2320, BIOL 2325, BIOL 2420, and BIOL 2425 can fulfill GE Life Science and GE Laboratory Science by taking BIOL 1300 Evolution & Ecology (1)

Code	Title	Hours
Discipline Core Requirements		
Semester I		
PTA 2010	Kinesiology	2
PTA 2011	Kinesiology Lab	2
PTA 2110	Fundamentals Physical Therapy	2
PTA 2111	Fundamentals Physical Therapy Lab	2

PTA 2400	Clinical Pathology	3
Semester II		
PTA 2000	Practice Issues	2
PTA 2200	Physical Agents	2
PTA 2201	Physical Agents Lab	2
PTA 2210	Observation & Measurement	2
PTA 2211	Observation & Measurement Lab	2
PTA 2300	Orthopedic Rehabilitation	2
PTA 2301	Orthopedic Rehabilitation Lab	2
Semester III		
PTA 2605	Clinical Practicum (ALPP)	4
Semester IV		
PTA 2410	Special Clientele	2
PTA 2411	Special Clientele Lab	1
PTA 2520	Neuromuscular Rehabilitation	2
PTA 2521	Neuromuscular Rehabilitation Lab	2
PTA 2530	Seminar	4
PTA 3000	Clinical Skills	2
Semester V		
PTA 2705	Clinical Affiliation I (ALPP)	6
PTA 2805	Clinical Affiliation II (ALPP)	6

Graduation Requirements

1. Complete a minimum of 82 college-level credits (1000 and above).
2. Complete at least 20 lower-division credits at Utah Tech for institutional residency.
3. Cumulative GPA 2.0 or higher.
4. Minimum 2.7 GPA in Program Prerequisite courses.
5. Minimum cumulative GPA 2.75 in Discipline Core Requirement courses.

Graduation Plan

1st Year

	Spring Semester	Hours
	PTA 1010	2
	BIOL 2320 & BIOL 2325	5
	BIOL 2420 & BIOL 2425	4
	HLOC 1000	2
		13

2nd Year

Fall Semester	Hours	Spring Semester	Hours	Summer Semester	Hours
PTA 2010		2 PTA 2000		2 PTA 2605	4
PTA 2011		2 PTA 2200			2
PTA 2110		2 PTA 2201			2
PTA 2111		2 PTA 2210			2
PTA 2400		3 PTA 2211			2
COMM 2110		3 PTA 2300			2
ENGL 1010		3 PTA 2301			2
		FSHD 1500 or PSY 1100			3

17

17

4

3rd Year

Fall Semester	Hours	Spring Semester	Hours
PTA 2410		2 PTA 2705	6
PTA 2411		1 PTA 2805	6
PTA 2520		2	
PTA 2521		2	
PTA 2530		4	
PTA 3000		2	
ENGL 2010		3	
MATH 1040		3	
		19	12

Total Hours 82

Physical Therapist Assistant Program Learning Outcomes

At the successful conclusion of this program, students will be able to:

1. Demonstrate entry-level competency of all required PTA skills.
2. Administer the intervention goals and plan of care in an appropriate manner.
3. Produce effective communication with all stakeholders.
4. Compose accurate client documentation outlining rationale for physical therapy intervention.
5. Demonstrate sensitivity to cultural, ethnic, gender and lifestyle differences.