Master of Marriage and Family Therapy, MMFT

Program Description
The Marriage and Family Therapy Master's Program is to prepare competent and ethical mental health professionals dedicated to improving the human condition through both prevention and intervention. As such, this degree will provide necessary experience to prepare students for licensure as Marriage and Family Therapists, with the curriculum providing extensive opportunities through clinical practicum courses to develop their skills in practical environments. Program faculty emphasize a multilevel, systemic perspective that includes individual internal relationship processes and reflects cultural meanings, constraints, and global complexity, with a particular focus on working with children.

Professional Licensure/Certification (PLC) Requirements
The curriculum for programs at Dixie State University customarily leading to licensure have been designed to meet the educational licensure/certification requirements in Utah as well as to prepare students to apply for licensure exams in the State of Utah. The licensure boards in each state are responsible for establishing the requirements for licensure/certification for their state. Requirement may vary state to state and may change at any time. Students who intend to use their DSU degree to secure licensure in any state other than Utah will need to review the professional licensure disclosures in that state pertaining to their program and consult with the state professional licensing board. For more information, visit the State Authorization and Professional Licensure (https://academics.dixie.edu/state-authorization/) web page and select your program, or speak to the director of your program.

Admission Requirements
• Bachelor's degree in Psychology, Family & Consumer Science, Human Development, or other closely-related field
• Completion of the following coursework: Introduction to Psychology/General Psychology, Lifespan Development (or equivalent), and Abnormal Psychology
• GRE or MAT score at or about the 40th percentile
• 3.0 or higher GPA on last 60 semester or 90 quarter credits
• Transcripts of all college/university credits
• Three (3) letters of recommendation
• Completion of interview process

Program Curriculum

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<thead>
<tr>
<th>Code</th>
<th>Title</th>
<th>Hours</th>
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<tbody>
<tr>
<td>MFT 6060</td>
<td>Individual and Family Life Cycle</td>
<td>3</td>
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<tr>
<td>MFT 6100</td>
<td>Couples Therapy</td>
<td>3</td>
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<tr>
<td>MFT 6300</td>
<td>Introduction to the Practice of Marriage and Family Therapy</td>
<td>3</td>
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<tr>
<td>MFT 6325</td>
<td>Gender and Culture in Marriage and Family Therapy</td>
<td>3</td>
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<tr>
<td>MFT 6330</td>
<td>Introduction to MFT Theories I</td>
<td>3</td>
</tr>
<tr>
<td>MFT 6340</td>
<td>Advanced Studies of MFT Theories II</td>
<td>3</td>
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<tr>
<td>MFT 6350</td>
<td>Parents and Children: Problem Resolution</td>
<td>3</td>
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<tr>
<td>MFT 6355</td>
<td>MFT with Children (Play Therapy)</td>
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<tr>
<td>MFT 6360</td>
<td>Ethics and Professional Issues in MFT</td>
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<tr>
<td>MFT 6370</td>
<td>Assessment and Diagnosis in MFT</td>
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<tr>
<td>MFT 6380</td>
<td>Practice of Family Research</td>
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<td>MFT 6390</td>
<td>Marriage and Family Therapy Pre-Practicum</td>
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<td>MFT 6391R</td>
<td>Practicum in Marriage and Family Therapy</td>
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<tr>
<td>MFT 6400</td>
<td>Addiction and Crisis Intervention</td>
<td>3</td>
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Total Hours 45
Graduation Requirements

1. Completion of 45 approved credits. Students who choose to pursue the MMFT option are not required to write a thesis; these students will complete a culminating experience in place of the thesis.
2. GPA of 3.2 or higher.
3. Application for graduation by dates posted.
4. Final approval for graduation through the Graduate Council.
5. Completion of all other program and university requirements.

Cohort A Graduation Plan

1st Year
Fall Semester
- MFT 6390 Marriage and Family Therapy Pre-Practicum 1
- MFT 6300 Introduction to the Practice of Marriage and Family Therapy 3
- MFT 6060 Individual and Family Life Cycle 3
- MFT 6370 Assessment and Diagnosis in MFT 3
  Hours 10

Spring Semester
- MFT 6350 Parents and Children: Problem Resolution 3
- MFT 6330 Introduction to MFT Theories I 3
- MFT 6355 MFT with Children (Play Therapy) 3
- MFT 6391R Practicum in Marriage and Family Therapy 2
  Hours 11

Summer Semester
- MFT 6340 Advanced Studies of MFT Theories II 3
- MFT 6360 Ethics and Professional Issues in MFT 3
- MFT 6391R Practicum in Marriage and Family Therapy 2
  Hours 8

2nd Year
Fall Semester
- MFT 6100 Couples Therapy 3
- MFT 6325 Gender and Culture in Marriage and Family Therapy 3
- MFT 6391R Practicum in Marriage and Family Therapy 2
  Hours 8

Spring Semester
- MFT 6400 Addiction and Crisis Intervention 3
- MFT 6380 Practice of Family Research 3
- MFT 6391R Practicum in Marriage and Family Therapy 2
  Hours 8

Total Hours 45

Cohort B Graduation Plan

1st Year
Fall Semester
- MFT 6390 Marriage and Family Therapy Pre-Practicum 1
- MFT 6300 Introduction to the Practice of Marriage and Family Therapy 3
- MFT 6325 Gender and Culture in Marriage and Family Therapy 3
- MFT 6370 Assessment and Diagnosis in MFT 3
  Hours 10

Spring Semester
- MFT 6330 Introduction to MFT Theories I 3
### Master of Marriage and Family Therapy Program Learning Outcomes

At the successful completion of this program, students will be able to:

1. Demonstrate competence and ethical standards within their role as employed mental health professionals who have successfully obtained appropriate licensure.
2. Exhibit effective skills as an MFT practitioner by evaluating and applying systemic/relational models of MFT to a variety of clinical contexts, problems, and populations for assessment and treatment.
3. Develop and incorporate a global worldview and a multicultural focus into their professional practice, with appropriate sensitivity to a diverse clientele.
4. Demonstrate the ability to engage in and apply research effectively within their professional practice.
5. Demonstrate knowledge sufficient to successfully pass the national exam to qualify for licensure.